

Family and Consumer Science News

Mrs. Curtis

October 23, 2020

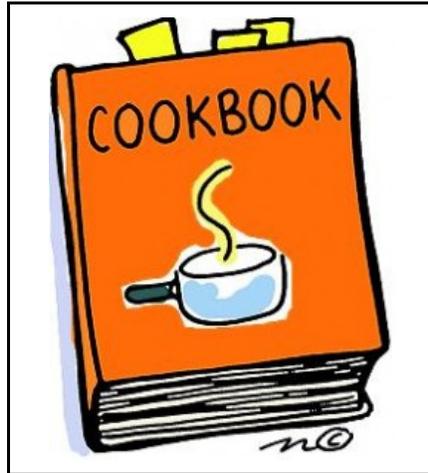
8th Grade

New 8th Graders entered the class room this week. We started off with the Safety and Sanitation Contract that was due back on Wednesday. Hopefully all the parents saw it and signed it. They interviewed each other on Tuesday and then presented the student they interviewed, which was my way of getting to know them.

Wednesday, they learned about germs and sanitation and how not to cross-contaminate.

Thursday, they learned about the parts of a recipe, and explored some cookbooks.

Friday, they were off to the kitchen and learned about measurements in the kitchen.



H.S. Food & Nutrition

They entered the world of grains this week! Ask them about wheat, the type of wheat used for pasta, and what the word pasta means. Then there is the husk, the bran, the germ, and the endosperm. Ask them what the three types of rice are and which one is the stickiest. They also made quick bread. They made a pumpkin bread and probably did not bring any home as it was quite tasty. Except the loaf that either had too much water or oil, (I suspect oil). Next week are popcorn balls, orange ones, after all it is Halloween on the 31st.

If you have extraordinary bread and extraordinary butter, it's hard to beat bread and butter.

Jacques Pepi

Pro Start

Standard and industrialized recipes were reviewed. Measuring techniques, conversion formulas, and measuring tips were studied. A trip to the local stores were made to obtain the ingredients for some skilled cooking that included ingredients such as spinach, dry yeast, cheese eggs, potatoes, garlic, onion, chorizo, and milk. The potato soup and the croissants were incredible!

Life on Your Own

These students have been exploring budgets, savings, credit, loans, and reality. If they don't want to grow up, I apologize.

Tough Love



Parenting and Human Development This class explored the development of the fetus during the three trimesters. Chromosomes such as X and Y, genetic disorders, and birth defects were discussed. But mostly they just want to know when they get to take their baby home. Ask them what a zygote is!

